

Directions

WEYERS CAVE COMMUNITY CENTER

682 Weyers Cave Road, Weyers Cave, VA 24486

From Interstate 81, take exit 235

Travel east on Weyers Cave Road (Rt. 256) for approximately 1.5 miles Weyers Cave Community Center will be on the left

WYTHEVILLE MEETING CENTER

1000 E Main St., Wytheville, VA 24382

- From I-81 North (Bristol/Abingdon): Take Exit 72 to I-77 Exit 41.

- From I-81 South/I-77 North (Roanoke or Hillsville/Galax): Take Exit 72 to I-77 Exit 41.

- From I-77 South (Bluefield): Take Exit 41.

- Then, from all directions:**

- Peppers Ferry Road to

- Community Boulevard, left turn in front of Comfort Suites.

- For a map see: <http://rec.wytheville.org/directions.php>.



OLDE DOMINION AGRICULTURAL COMPLEX

17983 US Hwy 29S, Chatham, VA 24531

Travelling South from Lynchburg: travel approximately 42 miles on 29 South. Bypass the town of Gretna and continue on 29 South. Just outside of Gretna you will pass a large Shell gas station on the left and then travel approximately 1 mile and Olde Dominion Agricultural Complex will be on the right. If you get to the Chatham exits, turn around and come back.

Travelling North from Danville: Travel approximately 22 miles. Bypass the town of Chatham, travel approximately 3 miles, pass the state police office on the left and the Olde Dominion Agricultural Complex will be just past it on the left.

GORDONSVILLE VOLUNTEER FIRE COMPANY

301 E. Baker Street, Gordonsville, VA 22942

From the north and west:

From the Gordonsville Circle (intersection of Routes 33, 15, and 231), take US 15/33 South. Turn left at East Baker Street (about 1/4 mile). The fire hall is 1/10 mile ahead on your right.

From the south and east:

Head north to Gordonsville on US 15/33. Pass under railroad, and take the third right, East Baker Street. The fire hall is 1/10 mile ahead on your right

VFGC Membership or Renewal Application

Name _____

Address _____

City State Zip

County _____

Daytime Phone _____

Email _____

Individual Member - \$25 for 1-year membership	
Individual Member - \$65 for 3-year membership	
Farm Member - \$40 – includes 2 people for 1-year membership	
Farm Member - \$100 – includes 2 people for 3-year membership	
Corporate Member - \$250 minimum	

Please make check payable to VFGC.

Remit with membership application to:

Ms. Margaret J. Kenny
VFGC
3599 Indian Oak Road
Crewe, VA 23930

If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact Margaret Kenny 434-292-5331 ext 240 during business hours of 7:30 a.m. and 4:00 p.m. to discuss accommodations 5 days prior to the event.

3599 Indian Oak Road
Crewe, VA 23930



2015 Winter Forage Conferences

Hosted by

**Virginia Forage and Grassland Council
and Virginia Cooperative Extension**

*This conference is partially funded by Virginia NRCS
through the CIG program.*



January 20

Weyers Cave Community Center,
Weyers Cave

January 21

Wytheville Meeting Center,
Wytheville

January 22

Dominion Agricultural Complex,
Chatham

January 23

Gordonsville Volunteer Fire Company Hall,
Gordonsville

Place
Stamp
Here

2015 Winter Forage Conferences

Tuesday, **January 20**, Weyers Cave Community Center, Weyers Cave
 Wednesday, **January 21**, Wytheville Meeting Center, Wytheville
 Thursday, **January 22**, Dominion Agricultural Complex, Chatham
 Friday, **January 23**, Gordonsville Volunteer Fire Company Hall, Gordonsville

Red Meat, Forages, and Human Health

8:30 am	Registration
9:00 – 10:00 am	Beef: The REAL Health Food, Dr. Peter Ballerstedt
10:00 – 10:30 am	Break- Visit Sponsors
10:30 – 11:30 am	Policy Does Not Equal Science: Development of the U.S. Dietary Guidelines, Adele Hite, RD, MPH
11:30 – 11:45am	VFGC Grazing Demonstration Overview – Regional CIG producer or mentor
11:45 – 12:00 noon	VFGC Business Meeting – Patty Johnson VFGC President
12:00- 1:00 pm	Lunch- Visit Sponsors and Network
1:00 – 1:30 pm	Virginia Cattlemen’s Association – Update from Jason Carter, Executive Director of the Virginia Cattlemen’s Association and presentation by Anne Jones, Director of Industry Communications, Virginia Beef Industry Council
1:30 – 2:30 pm	A Systems Approach to Building Soil Health and Producing a Profitable Livestock Product, Johnny Rogers, Rogers Cattle Company
2:30 – 3:30 pm	Red Meat is Green, Dr. Peter Ballerstedt
3:30 – 4:00 pm	Speaker Panel Discussion
4:00 pm	Adjourn

Questions about the beef program?

Dr. Gordon Groover
 xgrover@vt.edu
 540-231-5850

David Fiske
 dafiske@vt.edu
 540-377-2255

Dr. Chris Teutsch
 cteutsch@vt.edu
 434-292-5331 ext 234



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Program Registration

No refunds for cancellation after January 3, 2015

Name _____

Name _____

Name _____

Address _____

City State Zip

County _____

Daytime Phone _____

Email _____

Check which meeting you will attend:

- Weyers Cave Community Center, Weyers Cave
- Wytheville Meeting Center, Wytheville
- Dominion Agricultural Complex, Chatham
- Gordonsville Vol. Fire Co. Hall, Gordonsville

\$35.00 early registration per attendee

After January 3, 2015

\$50.00 late registration per attendee

Student Registration \$15.00 per student

Harlan White Scholarship Fund

Amount \$ _____

Early registration **must** be post marked
 before **January 3, 2015**

Make Check Payable to:

VFGC

Mail Check and Registration to:

2015 Winter Forage Conference

Margaret Kenny

3599 Indian Oak Road

Crewe, VA 23930

Keynote Speaker Dr. Peter Ballerstedt

This year’s keynote speaker is Dr. Peter Ballerstedt, forage product manager at Barenbrug USA. He received his Ph. D. in Forage Management and Utilization from the University of Kentucky. Dr. Peter Ballerstedt has written numerous publications and articles and currently writes a blog focused on diet, health and human nutrition called "Grass Based Health." His areas of expertise include forage production, utilization and forage-based livestock production systems and their role in human nutrition. In his morning presentation he will discuss Beef: The REAL Health Food. After lunch, Dr. Ballerstedt will shed light on the concept of Red Meat is Green, the relationships between soils, and grazing animals.

Participants will also hear from Adele Hite, a Registered Dietician, MPH, and currently pursuing a PhD in Nutrition Epidemiology at UNC-Chapel Hill School of Public Health. She will provide insights into the national nutritional policy environment and discuss, Policy Does Not Equal Science: Development of the U.S. Dietary Guidelines.

Johnny Rogers of Rogers Cattle Company, Roxboro, NC will discuss his experience in managing soil, forages, and animals on the farm he manages with his wife Sharon. His presentation is titled: A Systems Approach to Building Soil Health and Producing a Profitable Livestock Product.

The VFGC and VCE will feature local livestock producers involved in the Regional Conservation Innovation Grant in cooperation with VFGC, VCE and NRCS. Conference participants will hear and see narrated discussion of cooperators experiences with the project under the title, Using grazing strategies to improve soil health on my farm.

Please visit the VFGC web site (<http://vaforges.org>) for additional details and registration information.

This conference is partially funded by Virginia NRCS through the CIG program.



United States Department of Agriculture
 Natural Resources Conservation Service